



KAHTOR



## INFORMATION

Please take a moment to read the below information.

**Daily Spa hours:** 9.00 A.M. – 8.00 P.M.

**Reservations:** Advance booking is highly recommended.

**Arrival time:** We recommended you arrive at the Spa ten minutes prior to your scheduled appointment to complete the consultation from, enjoy a refreshment and relax in the tranquil surrounding.

**Late arrival:** We regret that late arrivals will result in a shortened treatment time to accommodate other guests fairly.

**Valuables:** We recommend you to leave all jewelry in your guestroom safety box before visiting the Spa. The management and staff do not accept responsibility for the loss of money or any valuables brought onto the Spa premises.

**What if I am pregnant?** Please contact our Spa manager or supervisor for advice on treatments that are safe to enjoy during pregnancy. Massages and other stimulating treatments are not recommended during the first three months of pregnancy.

**Payment:** Treatments will be charged to your room and will appear on your account at the time of check-out. You may pay by cash or credit card at the Spa directly.

**Cancellations:** A 24-hour cancellation notice is required to help us reschedule your appointment which is subject to availability. Any cancellation with less than five hours notice will incur a 50% cancellation fee. A full fee will be imposed for a No – show.

## • MASSAGES •

### OCEAN RITUAL THAI MASSAGE

- Traditional Thai Massage

Stressed and sore muscles will disappear with this traditional Thai massage of the body's pressure points, using gentle stretching and bending techniques

60 Mins	1,300	THB
90 Mins	1,700	THB
120 Mins	2,300	THB

### VILLAGERS HOT COMPRESS HERBAL MASSAGE

- Thai Herbal Compress « Luk Pra Kob »

Relish this ancient practice of compressed heated herbal ingredients wrapped in pure cotton applied to the body to encourage circulation and relieve muscle tension.

90 Mins	2,500	THB
120 Mins	3,300	THB

### SCENT OF THE ISLAND MASSAGE

- The Village « Aromatherapy » Massage

Relaxation sets in immediately as this luxurious, aromatic massage uses long and flowing movements to achieve maximum calm and serenity

60 Mins	2,300	THB
90 Mins	2,700	THB
120 Mins	3,600	THB

### KAHTOR'S MUSCLE REVIVAL MASSAGE

- European Sports Massage

Sports Massages concentrates on increasing motion and flexibility, relieving muscle soreness and promoting a quick recovery from muscle overuse

60 Mins	2,300	THB
90 Mins	3,100	THB
120 Mins	4,100	THB

### LUNAR BLESSING SLIMMING MASSAGE

- Slimming Massage

It's an intensive massage focusing on certain parts of your body, using special slimming Massage Gel and Body Lift cream, combined with a vacuum cupping technique to help rejuvenate neglected body areas and assist in breaking-up fatty tissue. Combine this treatment with exercise and a healthy diet for optimum results.

90 Mins	3,100	THB
120 Mins	4,100	THB

### KAHTOR'S ART OF HEALING MASSAGE

- Tension Relief Back & Head Massage

Soothe tension away with this stress relieving massage that focuses on the back, neck, shoulders and scalp

30 Mins	1,000	THB
60 Mins	1,800	THB

### WISDOM OF THE WAVE HEAD MASSAGE

- Hot Oil Head Massage

It relaxes the layer of muscle over the head and nourishes the scalp, easing itchiness and reducing anxiety and stress. It also promotes better lymph node function and can be used to treat eye strain, headaches, insomnia, lack of concentration and lethargy

30 Mins	1,000	THB
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### TIDAL INDULGENCE FOOT MASSAGE

- Relaxing Foot Massage

Improve circulation and reduce stress with a pampering foot and leg massage.

30 Mins	1,000	THB
60 Mins	1,800	THB

All prices excludes 10% service charge and 7% government tax

• ISLAND SOUL PACKAGE •

RHYTHM OF ISLANDER

- Muscle Soother

- Thai Herbal Compress « Luk Pra Kob »
- Aromatherapy Massage

OCEAN WHISPER

- De-Stressor

- Steam Room and Sauna
- Aromatherapy Massage
- Head or Face Massage

TREASURE OF THE RAINFOREST

- Skin Hydrator

- Choice of Body Scrub
- Choice of Body Wrap

MELODY OF THE SEA

- Invigorating

- Thai Massage
- Foot Massage

• COUPLE BLESSING PACKAGE •

This massage package is for couples who want to have a shared Spa experience.  
Prices are per couple.

HEART OF THE VILLAGE

- Essence of Village

- Coconut Body Soothing
- After Sun Envelopment
- Aromatherapy Massage
- Hot Oil Head Massage

ENCHANTING TOUCH

- Mind and Body Rebalance

- Choice of Body Scrub
- Choice of Body Massage
- Facial Treatment

All prices excludes 10% service charge and 7% government tax

120 Mins 3,300 THB

120 Mins 3,100 THB

120 Mins 3,000 THB

120 Mins 2,800 THB

180 Mins 9,800 THB

180 Mins 10,200 THB

• BEAUTY TREATMENTS •

FOR HER

Nail Lacquer Professional by OPI

- Ladies Manicure
- Ladies Pedicure

60 Mins 890 THB  
60 Mins 890 THB

GEL NAIL PROFESSIONAL

- Ladies Manicure Gel
- Ladies Pedicure Gel
- Ladies Soft Gel Remove

90 Mins 1,200 THB  
90 Mins 1,200 THB  
20 Mins 300 THB

FOR HIM

- Gentleman's Manicure
- Gentleman's Pedicure

60 Mins 890 THB  
60 Mins 890 THB

• HOT STONE •

SECRET OF A CAVE MAN

- Refreshing Hot Stone

Introductory treatment using the placement of warm basalt stones followed by a head, foot and hand massage

45 Mins 2,000 THB

SPIRIT OF BLACK CORAL

- Relaxing Hot Stone

Hot Stone Massage using specially heated volcanic lava stones combined with Aroma style massage movements. The heat from the stones helps to increase your heart rate and helps to regulate your blood flow. It also helps to rid muscles of toxic waste products. Hot Stone Massage can also be used to help relieve stress, depression and is also effective in the relief of some skin disorders.

90 Mins 2,800 THB

FULL MOON LUCK

- Rejuvenating Hot Stones

This complete cleansing and massage ritual begins with a body exfoliation followed by the placement of hot stones, a mini-facial and full body massage using the hot stones. One of the most re-energizing Spa experiences

120 Mins 3,700 THB

All prices excludes 10% service charge and 7% government tax

## • BODY WRAP •

### EQUATORIAL SEAWEED SLIMMING WRAP

- Slimming Body Wrap

This combination of seaweed extracts, essential oils, herbal concentrates and heated pack, act to remineralise, the vascular and lymphatic systems, providing a highly effective treatment against cellulite. The high iodine content of this pack also helps to stimulate your encouraging detoxification and aiding weight reduction.

### WILD HONEY REJUVENATING WRAP

- Restorative (Milk & Honey) Wrap

Honey makes your skin soft and supple, giving it a lustrous glow. Combined with milk this is a truly heavenly wrap.

### TROPICAL HARVEST WRAP

- Stimulating Body Wrap (Fruits&Vegetable)

A tropical blend of fruit and vegetable extracts rich in moisturizer are the essential elements of this wrap. The result is healthy feeling skin and reduced wrinkles.

### AFTER SUN ALOE MAGIC WRAP

- After Sun Body Wramp

Refresh sun kissed skin with the healing powers of aloe vera extracts and cucumber that cool, soothe and rehydrate.

## • BODY SCRUB •

### SEA OF SENSES AROMATIC SCRUB

- Aromatic Salt Scrub

This is a deep cleansing scrub using mineral salts to exfoliate dead skin cells, stimulate circulation and make the skin soft and smooth.

### TROPICAL HONEY & SESAME BODY SCRUB

- Nourishing Sesame Scrub

This treatment is suitable for sensitive and dry skin. The white sesame is mixed with rich moisturizing yogurt to exfoliate and remove dead cells as well as soften your skin at the same time.

### TAMARIND BODY GLOW POLISH

- Healing Tamarind Body Scrub Polish

Tamarind extract is high in AHA and Enzymes and rich in Fiber and Vitamin C. This treatment helps to remove dead skin cells, reduce dark spots and aid skin degeneration.

### ISLAND EXPLORING COCONUT BODY SCRUB

- Coconut body Soothings

Skin will glow following this exfoliating body polish combining fresh local coconut.

All prices are exclusive of 10% service charge and 7%

## • FACIAL TREATMENTS BY ALGOTHERM •

Algotharm positions itself as the French marine cosmetics reference for all women and men who search for professional, natural, efficient and prestigious treatments and products.

Algotharm was the first marine brand to actively engage in Paraben & Phenoxyethanol--Free formulations (2007)

- Cover all skin types and needs.
- Combine the most efficient ingredients.
- Provide visible results from the first treatment.

### SHINING CORAL

- Algo Radiance Facial

Moisturizing Care (Normal and Dehydrated Skin)

Balancing Care (Combination and Oily Skin)

Soothing Care (Sensitive Skin)

Ani-Aging Care (Mature Skin)

60 Mins 2,000 THB

### SEA GODDESS GRATITUDE

- Ino Sensi Facial

(Sensitive, Reactive, Irritable and Sunburnt Skins)

• Specific Face Massage with Cryogenic Globes and Face Mask.

- Help to increase fresh effect to calm irritation and heating.

- Help to vasoconstrictor to tonify capillaries and reduce redness.

75 Mins 2,800 THB

### ISLANDER PHILOSOPHY

- Stress Relief Care Facial

(All Skin Types)

• Women and men of all ages prone to acne.

• For dull and dark-spotted skin.

• Skin exposed to modern pollution and stress.

75 Mins 2,800 THB

### IN-ROOM MASSAGE

Kahtor spa also offers massage sessions in the privacy of your villa. Choose a Traditional Thai Massage, Reflexology Foot Massage or Aroma Massage to complete your spa experience without having to leave your room.

Extra charge of 1,000 THB from regular price for in-villa service.

All prices are exclusive of 10% service charge and 7%